1. Identify clinical question or problem to investigate.

2. Brainstorm terms authors or indexers might use to describe your topic.

3. Take the terms you brainstormed and search for controlled vocabulary in the databases. For example, search CINAHL for CINAHL headings.

4. Search the Rush Library's databases using controlled vocabulary, text terms, or a combination of both to find relevant resources.

5. Keep record of citations and resources using a citation manager or create an account in a library database such as CINAHL.

Sometimes you have reviewed resources online and through the Library, and need to consult a textbook or a content expert(s).